

**NEURO-IFRAH® Certification Course in
the Treatment and Management of Adults with Hemiplegia from a Stroke or Brain Injury**

**A Neuro-IFRAH® Organization Approved Course that includes basic to advanced
concepts of the Neuro-Integrative Functional Rehabilitation and Habilitation
(NEURO-IFRAH®) approach by Waleed Al-Oboudi**

Target Audience:

The NEURO-IFRAH® Certification Course is specifically designed for physiotherapists, occupational therapists, speech language pathologists, physiotherapy assistants, and occupational therapy assistants who work with adults with Hemiplegia from a stroke or brain injury.

Course Description:

This comprehensive course covers basic to advanced concepts and effective application in a practical, organized manner to enhance learning. The main emphasis is on assessment and management to develop excellence in maximizing functional outcomes throughout the continuum of care. This course utilizes an integrative whole-person approach with emphasis on restoring function and making it functional for a return to independent living and resumption/assumption of roles. Challenges encountered by therapists in meeting their patients' needs throughout the continuum of care are addressed throughout the course. The course consists of lecture, laboratory practice, demonstrations, and patient treatment. Individual attention by the instructors will be provided to enhance participants' observation, handling, and problem-solving skills. This course includes the practical application of current basic to advanced concepts sequenced in a creative manner to help all participants meet the course objectives as well as their individual objectives. Waleed Al-Oboudi, who has taught the most multiple-week courses in the past 10 years and the majority of the advanced courses ever taught throughout the United States, specifically designed this course.

Course Dates:

The course spans 14 days (including weekends) and provides 98 hours of instruction and includes hands-on sessions with patients.

1-7 December 2010 (Wednesday to Tuesday) and

10-16 December 2010 (Friday to Thursday)

Daily from 9.00am to 5.30pm

Venue: To Be Confirmed.

Course Fees:

Full Fees: \$4800

SAOT/SPA Members Fees: \$4600

Early Bird (before 1 June 2010) Fees: \$4600

Early Bird (before 1 June 2010) AND SAOT/SPA Members Fees: \$4500

All course fees include books, practice materials, and US certification fees.

For enquiries, please contact: Dr Thomas Sim (e-mail: drthomas@eduthink.com.sg)

<http://www.eduthink.com.sg>

111 North Bridge Road #05-32, Peninsula Plaza, Singapore 179098

Course Objectives:

Upon completion of the course participants will be able to:

1. Identify the impact of the stroke/brain injury on the patient's life roles and the functional limitations interfering with his/her ability to resume/assume those roles.
2. Identify the primary and secondary impairments, movement or otherwise, underlying the functional limitations in various postures including function in upright posture.
3. Select functional activities that will assess the patient's functional limitations and underlying impairments in various postures including function in upright posture.
4. Identify concepts related to musculoskeletal biomechanics and function of the trunk, upper extremities, lower extremities, and head/neck and overall body coordination.
5. Differentiate between normal and abnormal movement throughout the body in various postures and transition in functional activities including activities in upright posture.
6. Identify concepts related to the impact of whole body alignment and control as well as other mobility and control variables on respiration.
7. Identify missing components/processes necessary for interaction with the environment, effective learning, and generalization of skills/carry over.
8. Identify concepts related to facilitation of upper extremity and lower extremity use/function and whole body use for support, manipulation, balance, expression, sensory and functional tools, emotional release, comfort, containment, protection and propulsion.
9. Develop a comprehensive treatment plan that will include preparation of mobility and control and facilitation of normal movement during functional activities in all postures, and ideas for carry over.
10. Develop strategies to: facilitate the patient's increased awareness of the rehab process, improve self image and confidence, and improve adaptation, planning, and pacing skills.
11. Apply management strategies to help patients obtain missing components of movement throughout the body that are interfering with functioning at a higher level in all postures including function in upright posture.
12. Modify management strategies effectively based on the patient's response to maximize use of more normal and efficient movement patterns in functional activities.
13. Demonstrate effective application of handling concepts in developing upper extremity and lower extremity use/function and whole body use for support, manipulation, balance, expression, sensory and functional tools, emotional release, comfort, containment, protection and propulsion.
14. Integrate concepts related to normal movement, musculoskeletal biomechanics and function, sensory, cognitive, communicative, perceptual-motor, and emotional considerations into activities of daily living and other functional activities.
15. Identify concepts related to the restoration of automaticity throughout the whole body, and carryover in functional use during activities of daily living and other functional activities.

Upon successful completion of the course, participants will be Neuro-IFRAH Certified®

Lead Instructor Information



Waleed Al-Oboudi, MOT, OTR/L is a renowned therapist and educator in the field of rehabilitation nationally and internationally. He is the originator of the Neuro-IFRAH® approach and is widely known for his superior and unmatched concepts and clinical skills in the treatment and management of patients affected by a stroke or brain injury. His basic to advanced concepts are widely copied as he was the mentor of a notable number of nationally known educators for many years. From 1993-2003 Mr. Al-Oboudi taught more 3 week Neuro-Developmental Treatment/Bobath courses than any one in the field and most of the advanced courses ever taught on record. He is the originator of all his intermediate to advanced concepts and applications. In January 2004 Mr. Al-Oboudi stopped teaching and contributing to other approaches and originated Neuro-Dynamic Therapy that since then has been identified by his concepts and applications as the Neuro-IFRAH® approach. He is also the originator of the IFRAH® concepts and applications for patients affected by orthopedic conditions. Mr. Al-Oboudi's Neuro-IFRAH® approach includes a whole system of hands on therapy, training equipment, and orthotics that are taught by Neuro-IFRAH® Instructors at top facilities and are known to be the most popular and effective courses nationally and internationally. Mr. Al-Oboudi's superior and unmatched concepts and clinical skills are self evident and set the standard of excellence as they have been continuously demonstrated in live national conferences, courses, and teleconferences for over 20 years.

For more details, please visit <http://www.Neuro-IFRAH.org>

Application Form

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in the Treatment and Management of Adults with Hemiplegia from a Stroke or Brain Injury
1-7 and 10-16 December 2010

Name*: _____

Profession: OT / PT / TA Membership: SAOT / SPA (Membership No. _____)

Contact Number: _____ Email: _____

Organisation: _____

*This name will be the exact name printed on the certificate. Please write legibly.

Terms and Conditions

1. The course will commence subject to a minimum of 18 participants.
2. There will be no fee refund for cancellation after 1st September 2010. For cancellation received prior to this date, an administrative charge of \$200 will be applicable.
3. Replacement of individuals on a one-to-one basis is allowed up to 1st September 2010 without charges. After this date, an administrative charge of \$200 will apply.
4. A confirmation email will be sent to all participants by 15th September 2010.
5. Please send your cheque payable to “Eduthink Pte. Ltd.” together with the application form. Please write your name at the back of the cheque.
6. Applications will only be processed once the cheque is received.
7. It is the responsibility of the participant to ensure that malpractice insurance is being covered by your organization for this course. Failing which, participants will need to purchase their own malpractice insurance.
8. We reserve the right to cancel the course without penalty should any unforeseen circumstances arise.

Signature of Applicant

Date